**Alzheimer's Training Requirements**

**For Assisted Living Facilities & Nursing Homes**

**Assisted Living Facilities**
429.178 F.S.
58A-5.091 (9) F.A.C.

*Requirement is specific to those ALFs which "advertise the provision of special care for persons with Alzheimer's or related dementia"*

- Regular contact with, or direct care of, residents with Alzheimer's disease and related disorders "staff who interact on a daily basis but do not provide direct care"
- Incident contact with residents with Alzheimer's disease and related disorders "staff who neither provide direct care nor are in regular contact"

- 4 hours of initial training within 3 months of employment (Staff who have received 4-hr. ALZ training under NH statute meet this requirement)
- 4 additional hours of training within 9 months of employment
- Annually: 4 additional hours of training each calendar year in one or more topics
- General written information provided by the facility on interacting with such residents within 3 months of employment
- Understanding Alzheimer's disease & related disorders
- Characteristics of Alzheimer's disease
- Communicating with residents with Alzheimer's disease
- Family issues
- Resident environment
- Ethical issues
- Behavior management
- Assistance with ADLs
- Activities for residents
- Stress management for the caregiver
- Medical information

**Nursing Homes**
400.1755 F.S.
58A-4.001-.002 F.A.C.

**Direct contact** employees hired after 7/1/01
- 4 hours of initial training within 3 months of employment (Staff who have received 4-hr. ALZ training under NH statute meet this requirement)
- Basic written information, in language employee understands, about interacting with persons with Alzheimer's disease or a related disorder.
- Additional to the written information, 1 hour of training completed within the first 3 months after beginning employment
- An overview of dementias;
- Basic skills in communicating with persons with dementia
- Managing problem behaviors;
- Promoting resident's independence in activities of daily living;
- Skills in working with families and caregivers

**Additional to the written information and the 1 hour, 3 hours of additional training completed within the first 9 months after beginning employment**

- The required 4 hours for CNAs may be considered as part of the 18 total hours of training required annually.
- For a licensed health care practitioner, cont. ed. hours taken as required by that licensing board shall be counted toward this total of 4 hours.
- This training is not an annual requirement; it is an "upon-hire" requirement.

**Florida Health Care Association, 11/15/01; updated Feb. 2009**